

ALMOST LABOR DAY 5K

- When:** Saturday, September 4, 2010
- Start:** 8:30 a.m. Race day registration begins at 7:30 a.m.
- Entry Fee:** \$15 for entries postmarked by 8-18-10; \$20 on race day.
Aluminum water bottles guaranteed to all those who register by 8-18-10.
A limited number of bottles may be available for purchase on race day.
Special \$5 student entry fee (under age 18) – Water bottle not included.
- Where:** Race begins and ends at the Greencastle-Antrim High School rear parking lot, 300 S. Ridge Avenue, Greencastle, PA.
- Benefits:** Proceeds from this event will benefit the members of Boy Scout Troop 99 in Greencastle who attend the BSA's premier high adventure bases - Sea Base, Florida; and Philmont, New Mexico.
- Amenities:** Restrooms available. Water along race route. Post-race refreshments.
- Awards:** Overall M/F winner. Top 2 finishers in the following age categories: 19 and under, 20-29, 30-39, 40-49, 50-59, 60+
- Contact:** Melissa Hohl, Race Coordinator, 717-597-4350 or e-mail
boyscout5K@comcast.net

Please make check payable to **Troop 99**. Return the completed Participant Application along with payment to: Almost Labor Day 5K, 7930 Golf Vista Drive, Greencastle, PA17225

Participant Application

Please print neatly. Only one person per application

Name: _____ Male / Female

Address: _____

Date of Birth: _____ Age on Race Day: _____

Phone Number: _____ E-mail Address: _____

Release and Consent

In consideration of the acceptance of my entry, I hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. Further, I hereby grant permission to use photos, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose without my compensation or remuneration.

Signature

Parent Signature (if under 18)